



Preparing for IAS?

Read to save 2 years of your life!

Are you studying a lot? But still you are not prepared to take Prelims.

The conventional approach to UPSC exam preparation says that you must study all NCERT and other standard text books. NCERT books are designed for broad-based school curriculum but clearing the UPSC exams needs a better strategy.

Let us explain what is wrong with the conventional approach:

If you learn all the prescribed books, it will take you total of **580 days/nearly 2 years** just for a single reading without any revision. (See the Chart below)

We have not counted any time to read current affairs or any other notes in the list given below. Without revision it is not possible for you to retain what you read. Because by the time you finish reading all of these books, you would have forgotten a major part of the total content you studied.

The above calculation clearly exposes the fundamental flaw in conventional approach to UPSC exam preparation. We call it the fallacy of hard work and this is the no. 1 reason for failure in Civil Services Exam.

Remember! You have to learn! Just by reading, you would not be able to recall anything.

S.No	Book Name	Estimated No. of Days Needed to learn
NCERT (Class VI to VII)		
1	History - Our Past	3
2	The Earth Our Habitat	3
3	Social and Political Life -I	3
4	Social and Political Life - II	3
5	Our Pasts - II	3
6	Our Environment	3
7	Science - Both Class VI and VII	6
NCERT (Class VIII)		
1	Resource and Development	6
2	Social and Political Life	6
3	Our Pasts - III (Part - I)	5
4	Our Pasts - III (Part - 2)	5

NCERT (Class VIII and IX)		
1	Science - Class VIII	6
2	Democratic Politics	6
3	Contemporary India	5
4	Economics	5

NCERT (Class IX and Class X)		
1	Science Class IX	7
2	India and Contemporary World - I Class IX	7
3	Contemporary India	7
4	Understanding Economic Development	6

NCERT (Class X)		
1	India and Contemporary World - II	8
2	Democratic Politics	6
3	Science	6

NCERT (Class XI)		
1	Chemistry - Unit 14	5
2	Biology - Unit 4 and 5	15
3	Fundamentals of Physical Geography	15
4	India Physical Environment	15
5	Understanding Society	10
6	Indian Constitution at Work	10
7	Themes in World History	15
8	Indian Economic Development	10
9	Tamil Nadu History Textbook	15
10	An Introduction to Indian Art	15

NCERT (Class XII)		
1	Chemistry - Unit 16	5
2	Biology - Units 8, 9 and 10	15
3	Fundamentals of Human Geography	15
4	India - People and Economy	15
5	Indian Society	10



6	Themes in Indian History - I	15
7	Themes in Indian History - III	15
8	Contemporary World Politics	15

List of Standard Reference Books

1	Modern History	25
2	Indian Polity	35
3	Geography (2 in number)	30
4	Economy	35
5	Art and Culture	30
6	Environment	20
7	Survey	15
8	Year Book	45

Total Days

Critical flaws in the above methodology of Presentation w.r.t Prelims 2018

1. The above reading does not cover Current Affairs & International Organisations.
2. The above reading does not give sufficient emphasis on Science and Tech.
3. Incidentally Current Affairs, International Organisations and Science and Tech. contributed 21 and 8 and 5 questions respectively in Prelims 2018.

Note: The above reading does not cover most of GS Mains syllabus, Optional subject and does not teach Mains Answer writing.

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